

# **Tolmers Activities**

Our activity sessions are for groups of up to 15 young people lasting 1 hour\*. With activities suitable for 4 years and up.

\*Kayaking/Canoeing, Rafting and Pedalos are 2 hour sessions with a maximum of 2 groups/sessions on the water at any one time.

ACTIVITIES	SESSIONS	AGES	OUTCOMES	OTHER
6 Bed Trampoline	2	4-8	© <b>*</b> æ	М
6 Figure Grid Ref	6	8+	☺⋪⋠Ҟѯѧѿ҈	
Aeroball	1	8+	© <b>%</b> &	
Air Rifles	2	8+	© <b>∛☆</b>	FL
Archery	2	8+	© <b>∛*</b>	FL
Mobile Archery	1	8+	© <b>₹\$</b>	М
Backwoods Cooking	1	6+	☺✎孨┆夺	
Dash and Grab	1	8+	Aa 😳	
Garden Games	1	4+	Aa 😳	М
High Ropes	1	8+	©& <b>\$</b> \$\$! A & \$	FL
Kayaking/Canoeing	2*	8+	☺✎孨┆ఊ∢͡Д	
Orienteering	6	6+	☺✿ᠿᡧᢤ᠕᠄ᢂ	
Pedal Karts	1	6+	© #6	M, FL
Pedalos	1*	6-8	☺✎♣┆ゐၳऄ҇Ш	
Photo Hunt	6	4+	☺♪	
Pioneering	1	6+	049	
Rafting	2*	10+	☺✎ᠿ枀┆ゐၳऄॖ	
Rolling Rock	1	6+	© <b>&amp;\$</b> \$\$ to	M, FL
Shelter Building	1	4+	☺ጲ₽	
Team Challenges	4	8+	☺⋪⋧₩	м
Tunnels	1	6+	©≹ <b>\$</b> \$\$!AA & <b>}</b>	
Vertical Wall	2	8+	© <b>≷\$\$</b> \$\$! AA & (\$}∭	М
Water Wars	3	6+		М

#### Key:

M – Mobile FL - Floodlit

### **Book Now!**

W: tolmers.org.uk | T: 0208 236 0040 | E: info@tolmers.org.uk Hertfordshire County Scout Council registered charity in England and Wales Charity No. 302606 Scotland 039650 | VAT No. 761 4558 19





# **Activity Outcomes**

We want to make sure you and your group achieve your goals; so at Tolmer's we use the English Outdoor Council's ten outcomes of High Quality Outdoor Education to help you understand what each activity can bring to your group. Which in turn can help you shape your programme.

	OUTCOME	DESCRIPTION
	Enjoyment	Young people enjoy participating in outdoor activities and adopt a positive attitude to challenge and adventure
Ŕ	Confidence	Young people are gaining confidence and self esteem through taking on challenges and achieving success
*	Social Awareness	Young people are developing their self awareness and social skills, and their appreciation of the contributions and achievements of themselves and others
<b>₽</b>	Environmental Awareness	Young people are becoming alive to the natural environment and understand the importance of conservation and sustainable development
*	Activity Skills	Young people are acquiring and developing a range of skills in outdoor activities, expeditions and exploration
Ŷ	Personal Qualities	Young people are demonstrating increased initiative, self reliance, responsibility, perseverance and commitment
AA	Key Skills	Young people are developing and extending their skills of communication
୶୕ୄୄୄୄ	Health & Fitness	Young people are learning to appreciate the benefits of physical fitness and the lifelong value of participating in healthy leisure activities
	Increased Motivation & Appetite for Learning	Young people are displaying an increased motivation and appetite for learning that is contributing to raised levels of attainment in other aspects of their education
•	Broadened Horizons	Young people are broadening their horizons and becoming open to a wider range of employment opportunities and life chances

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